



Coulrophobia Severity Scale (CSS) Questionnaire

Instructions

Coulrophobia Severity Scale (CSS) contains 14 items rated on a 6-point scale. Please answer each question honestly based on your typical thoughts, feelings, and experiences. There are no right or wrong answers.

#	Statement	Never (1)	Rarely (2)	Sometim es (3)	Often (4)	Always (5)
1	I feel scared when I see a picture of a clown.	☐	☐	☐	☐	☐
2	My heart beats fast when I am near a clown.	☐	☐	☐	☐	☐
3	I look away when a clown appears on a screen or TV.	☐	☐	☐	☐	☐
4	I worry about seeing a clown when I go to public places.	☐	☐	☐	☐	☐
5	I feel shaky or nervous when looking at a clown.	☐	☐	☐	☐	☐
6	The sight of a clown's face makes me feel uneasy.	☐	☐	☐	☐	☐
7	I avoid events like circuses or fairs because of clowns.	☐	☐	☐	☐	☐
8	I have bad dreams or nightmares about clowns.	☐	☐	☐	☐	☐

#	Statement	Never (1)	Rarely (2)	Sometimes (3)	Often (4)	Always (5)
9	I feel sick or dizzy when a clown gets close to me.	☐	☐	☐	☐	☐
10	Seeing a clown toy or doll makes me feel anxious.	☐	☐	☐	☐	☐
11	I would leave a party if I saw a clown there.	☐	☐	☐	☐	☐
12	I feel calm when I see a clown.	☐	☐	☐	☐	☐
13	I feel tense when I hear a clown laugh or speak.	☐	☐	☐	☐	☐
14	I avoid fast-food places or shops that use clown pictures.	☐	☐	☐	☐	☐

Scoring Instructions

Responses should be summed according to the scoring procedures of the assessment.

Higher scores generally indicate greater expression of the measured construct unless otherwise specified.

Reverse-Scored Items

12

Reverse Scoring Formula

0 → 5

1 → 4

2 → 3

3 → 2

4 → 1

5 → 0

Dimension Scoring Keys

Dimension	Items	Number of Items
Emotional & Somatic Reactivity	1, 2, 5, 6, 9, 10, 13	7
Avoidance & Cognitive Intrusion	3, 4, 7, 8, 11, 12, 14	7

Raw Score Ranges

Scale	Items	Possible Range
Emotional & Somatic Reactivity	7	0–35
Avoidance & Cognitive Intrusion	7	0–35
Overall Score	14	0–70

Source

DM Dar. Development and Validation of the Coulrophobia Severity Scale (CSS). DrDeenz Psychometrics Lab. July, 2026.

Prepared by [Drdeenz](#)

Interactive Version: [Coulrophobia Severity Scale \(CSS\)](#)