



## Kinsey-Style Sexual Orientation Scale (KSOS-20) Questionnaire

### Instructions

Kinsey-Style Sexual Orientation Scale (KSOS-20) contains 20 items rated on a 5-point scale. Please answer each question honestly based on your typical thoughts, feelings, and experiences. There are no right or wrong answers.

#	Statement	Strongly Disagree (0)	Disagree (1)	Neutral (2)	Agree (3)	Strongly Agree (4)
1	I have felt romantic attraction toward someone of the same sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I have felt physical attraction toward someone of the same sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I have imagined being in a romantic relationship with someone of the same sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I have experienced curiosity about same-sex relationships.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	I have felt romantic attraction toward someone of the opposite sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	I have felt physical attraction toward someone of the opposite sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	I have imagined being in a long-term relationship with someone of the opposite sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#	Statement	Strongly Disagree (0)	Disagree (1)	Neutral (2)	Agree (3)	Strongly Agree (4)
8	I often notice people of the opposite sex in an attractive way.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	I have questioned my sexual orientation at some point in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10	I am open to learning more about my attraction patterns.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11	I have considered attraction beyond traditional categories.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12	I feel comfortable reflecting on my sexuality.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13	I have considered romantic experiences with more than one sex.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14	I would be willing to explore relationships with different sexes.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15	I believe attraction can exist on a spectrum.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16	I feel comfortable discussing sexuality openly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17	I rarely experience strong sexual attraction toward anyone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18	Sexual attraction plays a small role in my relationships.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19	I can enjoy emotional intimacy without sexual attraction.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20	I often experience little or no sexual desire.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Scoring Instructions

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Responses should be summed according to the scoring procedures of the assessment.

Higher scores generally indicate greater expression of the measured construct unless otherwise specified.

## Dimension Scoring Keys

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Dimension	Items	Number of Items
Same-Sex Attraction	1, 2, 3, 4	4
Opposite-Sex Attraction	5, 6, 7, 8	4
Orientation Exploration	9, 10, 11, 12	4
Behavioral Openness	13, 14, 15, 16	4
Asexual Traits	17, 18, 19, 20	4

## Raw Score Ranges

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Scale	Items	Possible Range
Same-Sex Attraction	4	0–16
Opposite-Sex Attraction	4	0–16
Orientation Exploration	4	0–16
Behavioral Openness	4	0–16
Asexual Traits	4	0–16
<b>Overall Score</b>	<b>20</b>	<b>0–80</b>

## Source

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A. Kinsey, W. Pomeroy, and C. Martin. *Sexual Behavior in the Human Male*. W.B. Saunders. 1948.

A. Kinsey, W. Pomeroy, C. Martin, and P. Gebhard. *Sexual Behavior in the Human Female*. W.B. Saunders. 1953.

F. Klein. *The Bisexual Option*. Haworth Press. 1978.

American Psychological Association. *Guidelines for Psychological Practice with Sexual Minority Persons*. 2021.

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Interactive Version: [Kinsey-Style Sexual Orientation Scale \(KSOS-20\)](#)