



Paranoid Personality Scale (PPS) Questionnaire

Instructions

Paranoid Personality Scale (PPS) contains 24 items rated on a 5-point scale. Please answer each question honestly based on your typical thoughts, feelings, and experiences. There are no right or wrong answers.

#	Statement	Never (0)	Rarely (1)	Sometim es (2)	Often (3)	Always (4)
1	I find it hard to trust people, even when they seem sincere.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I often suspect that others have hidden motives.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I rarely take people at their word without questioning their intentions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I often think people are plotting against me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	Even when things seem fine, I suspect something may go wrong.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	It's hard for me to believe that others have good intentions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	Sharing personal information makes me uneasy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	I am cautious about confiding in others about my problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	I rarely open up to others about my concerns.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#	Statement	Never (0)	Rarely (1)	Sometim es (2)	Often (3)	Always (4)
10	I believe people are deliberately trying to harm me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11	I interpret innocent actions as attempts to hurt me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12	I often feel targeted or persecuted by others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13	I quickly notice signs of danger in everyday situations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14	I frequently sense that something bad is about to happen.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15	I am always on the lookout for potential threats.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16	Forgiving others is a challenging task for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17	I struggle to move on from past hurts.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18	I lack empathy for those who have hurt me in the past.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19	I prefer spending time alone rather than with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20	I avoid getting too close to others to protect myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21	I prefer meeting new people instead of maintaining close relationships.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22	I often feel angry or resentful towards others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23	I am easily irritated by people's actions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24	I'm defensive in my interactions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Scoring Instructions

Responses should be summed according to the scoring procedures of the assessment.

Higher scores generally indicate greater expression of the measured construct unless otherwise specified.

Dimension Scoring Keys

Dimension	Items	Number of Items
Skeptical	1, 2, 3	3
Suspicion	4, 5, 6	3
Secrecy	7, 8, 9	3
Malevolence	10, 11, 12	3
Hypervigilance	13, 14, 15	3
Resentful	16, 17, 18	3
Isolation	19, 20, 21	3
Hostility	22, 23, 24	3

Raw Score Ranges

Scale	Items	Possible Range
Skeptical	3	0–12
Suspicion	3	0–12
Secrecy	3	0–12
Malevolence	3	0–12
Hypervigilance	3	0–12
Resentful	3	0–12
Isolation	3	0–12
Hostility	3	0–12
Overall Score	24	0–96

Source

Deenz Paranoid Personality Scale (DPPS-24), Publishing Year: 2024

Prepared by [Drdeenz](#)

Interactive Version: [Paranoid Personality Scale \(PPS\)](#)