



# Deenz Multidimensional Schizoid Personality Scale (DMSPS) Questionnaire

## Instructions

Deenz Multidimensional Schizoid Personality Scale (DMSPS) contains 28 items rated on a 3-point scale. Please answer each question honestly based on your typical thoughts, feelings, and experiences. There are no right or wrong answers.

#	Statement	Never (0)	Sometimes (1)	Always (2)
1	I have a strong preference for being alone rather than spending time with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I have a limited interest in social or external experiences.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I feel uncomfortable or anxious when I'm around other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I find it difficult to initiate conversations or maintain social interactions with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	I lost interest in activities or hobbies that I used to enjoy.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	I find it difficult to feel happy, even when good things happen to me or around me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	I often noticed a change in my motivation or energy levels.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	I find it difficult to imagine future plans or goals that I would enjoy pursuing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#	Statement	Never (0)	Sometimes (1)	Always (2)
9	I avoid making eye contact with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10	I seem unresponsive to situations that would normally trigger emotions such as joy, excitement, or even tears of happiness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
11	I always prefer to stay quiet and not contribute to the discussion.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12	I do not want to face people directly when they are talking to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13	I enjoy spending time alone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14	Spending time alone helps me to feel more relaxed, refreshed, and creative.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15	I do not feel comfortable with a lot of stimulation or noise.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16	I always feel the need to be left alone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17	I always feel shy during interactions with others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18	I frequently experience the feeling of being excluded or left out from social events or gatherings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19	I often experience the feeling of not fitting in or belonging in social groups or settings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20	I always feel like I don't have any close friends or confidants to share my thoughts, feelings, or experiences with.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#	Statement	Never (0)	Sometimes (1)	Always (2)
21	I sometimes feel angry, but I am unable to express my anger through outbursts or emotional displays.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22	I always feel uncomfortable when someone touches or hugs me, and I do not like it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23	I do not like having superficial relationships or connections with others, as I prefer deeper and more meaningful connections.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24	I feel uncomfortable in crowded places.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25	I often spend a lot of time reflecting on my own thoughts and feelings.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
26	I tend to rely on my own beliefs and values rather than seeking outside input.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
27	I often find myself lost in thought and imagining different scenarios.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
28	I always feel disappointed or unsatisfied with reality and prefer to spend time in my own imaginary world.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Scoring Instructions

Responses should be summed according to the scoring procedures of the assessment.

Higher scores generally indicate greater expression of the measured construct unless otherwise specified.

**Reverse-Scored Items**

23

**Reverse Scoring Formula**

0 → 2

1 → 1

2 → 0

**Dimension Scoring Keys**

Dimension	Items	Number of Items
Solitude	1, 13, 14, 15, 16	5
Social Detachment	2, 3, 4, 9, 11, 12, 17, 24	8
Anhedonia	5, 6, 7, 8	4
Blunted Affect	10, 21, 22	3
Friendlessness	18, 19, 20, 23	4
Introspection	25, 26, 27, 28	4

**Raw Score Ranges**

Scale	Items	Possible Range
Solitude	5	0–10
Social Detachment	8	0–16
Anhedonia	4	0–8
Blunted Affect	3	0–6
Friendlessness	4	0–8
Introspection	4	0–8
<b>Overall Score</b>	<b>28</b>	<b>0–56</b>

## Source

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Deen Mohd Dar: [Deenz Multidimensional Schizoid Personality Scale \(DMSPS-28\): Measuring Multiple Facets of Schizoid Personality \[Preprint\]](#)

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Interactive Version: [Deenz Multidimensional Schizoid Personality Scale \(DMSPS\)](#)