



## Deenz Histrionic Personality Scale (DHPS) Questionnaire

### Instructions

Deenz Histrionic Personality Scale (DHPS) contains 20 items rated on a 5-point scale. Please answer each question honestly based on your typical thoughts, feelings, and experiences. There are no right or wrong answers.

#	Statement	Never (0)	Rarely (1)	Sometim es (2)	Often (3)	Always (4)
1	I get upset if others don't notice my achievements.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I often interrupt conversations to redirect attention to myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I use social media to showcase my achievements constantly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I tend to be overly dramatic to gain attention.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	I have a hard time hiding my emotions from others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	I find it challenging to stay calm in stressful situations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	I cry easily, even in non-emotional situations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	I may overreact to gain sympathy from others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	Negative feedback tends to linger in my thoughts.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10	I avoid sharing my opinions to prevent potential criticism.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#	Statement	Never (0)	Rarely (1)	Sometim es (2)	Often (3)	Always (4)
11	I feel a strong need to defend myself when criticized.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12	I avoid situations where I might face judgment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13	I enjoy taking risks for the thrill of the moment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14	I often do things without thinking first.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15	I'm good at making fast decisions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16	I make decisions quickly without much planning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17	I enjoy telling stories in a way that captures people's attention.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18	I use charm to get what I want.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19	I find it easy to flirt.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20	I like to make eye contact to captivate others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Scoring Instructions

Responses should be summed according to the scoring procedures of the assessment.

Higher scores generally indicate greater expression of the measured construct unless otherwise specified.

## Dimension Scoring Keys

Dimension	Items	Number of Items
Attention-Seeking	1, 2, 3, 4	4
Excessive Emotionality	5, 6, 7, 8	4
Hypersensitivity	9, 10, 11, 12	4
Impulsivity	13, 14, 15, 16	4
Seductive Behavior	17, 18, 19, 20	4

## Raw Score Ranges

Scale	Items	Possible Range
Attention-Seeking	4	0–16
Excessive Emotionality	4	0–16
Hypersensitivity	4	0–16
Impulsivity	4	0–16
Seductive Behavior	4	0–16
<b>Overall Score</b>	<b>20</b>	<b>0–80</b>

## Source

Dar, Deen Mohd. [Deenz Histrionic Personality Scale](#): Measuring Subclinical Traits and Identifying Potential for Histrionic Personality Disorder Among College Students. Authorea Preprints (2024).

Prepared by [Drdeenz](#)

Interactive Version: [Deenz Histrionic Personality Scale \(DHPS\)](#)