



## Deenz Suicidal Tendency Scale (DSTS-25) Questionnaire

### Instructions

Deenz Suicidal Tendency Scale (DSTS-25) contains 25 items rated on a 5-point scale. Please answer each question honestly based on your typical thoughts, feelings, and experiences. There are no right or wrong answers.

#	Statement	Strongly Disagree (0)	Disagree (1)	Neutral (2)	Agree (3)	Strongly Agree (4)
1	I feel that my future holds nothing to look forward to.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2	I believe things will never get better for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3	I see no path that could lead to happiness.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4	I feel trapped in a life that cannot change.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5	I have stopped making plans because I don't see the point.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6	I feel powerless to change how my life is going.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
7	No matter what I do, things seem to stay the same.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
8	I feel I lack the strength to cope with my problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
9	I believe nothing I try will help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
10	I often feel at the mercy of circumstances beyond my control.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

#	Statement	Strongly Disagree (0)	Disagree (1)	Neutral (2)	Agree (3)	Strongly Agree (4)
11	I feel that I am a failure as a person.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
12	I think others would be better off without me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
13	I feel like my life has no real purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
14	I can't find anything good about myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
15	I often think that my existence doesn't matter.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
16	I believe I cause more trouble than I am worth.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
17	I feel guilty for the stress I cause others.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
18	I think my loved ones would be happier if I were gone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
19	I feel like I am dragging others down.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
20	I often think that my presence makes things worse for people around me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
21	I sometimes wish I could simply stop existing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
22	I think about death as a way to end my pain.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
23	I have wished I could go to sleep and never wake up.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
24	I imagine what it would be like if I were dead.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
25	I have thought about ways to end my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

## Scoring Instructions

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Responses should be summed according to the scoring procedures of the assessment.

Higher scores generally indicate greater expression of the measured construct unless otherwise specified.

## Dimension Scoring Keys

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Dimension	Items	Number of Items
Hopelessness	1, 2, 3, 4, 5	5
Helplessness	6, 7, 8, 9, 10	5
Worthlessness	11, 12, 13, 14, 15	5
Burden Perception	16, 17, 18, 19, 20	5
Desire to Escape Pain	21, 22, 23, 24, 25	5

## Raw Score Ranges

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Scale	Items	Possible Range
Hopelessness	5	0–20
Helplessness	5	0–20
Worthlessness	5	0–20
Burden Perception	5	0–20
Desire to Escape Pain	5	0–20
<b>Overall Score</b>	<b>25</b>	<b>0–100</b>

## Source

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Dar, Deen Mohd. [Development and Validation of the Deenz Suicidal Tendency Scale \(DSTS-24\) in a College Student Population: A Comprehensive Psychometric Evaluation](#). ScienceOpen Preprints. 2024.

Prepared by [Drdeenz](#)

Interactive Version: [Deenz Suicidal Tendency Scale \(DSTS-25\)](#)